

# Abstract

**Objectives:** To teach psychiatric case formulation; to build a repertoire of patterns that can be reused as building blocks in constructing case formulations.

**Method:** Pattern-based Formulation.

**Results:** Demonstration of a case formulation and introducing three patterns.

**Conclusion:** The demonstration will assist learning case formulation using the Pattern-based Formulation, while the three patterns introduced can be reused when formulating relevant cases.