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NEW PARADIGM IN THE MANAGEMENT OF SARTAN (CANCER)

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Cancer is called as Sartan as it sends out crab like tract in to the body. At present Sartan is the world's leading cause of death. More than one third of the world's population is affected and it is responsible for more than 20% of all deaths. Treatment for the cancer became the big challenge for the modern medical world. Though new regimens are discovered every day, they vanished due to the severe adverse effects. Therefore, it is necessary to find good solution to manage the cancer. Hence, this study is aimed to discover the holistic approach for the management of cancer. Data were gathered from the classical texts, scientific journals and databases such as MEDLINE, PubMed, Google scholar etc. Cancer is a cohort of diseases characterized by uncontrolled cell proliferation and ability to invade other tissues through direct cell migration or through the blood and lymph systems. Sartan can occur due to increased consumption of carcinogens, exposure to different types of rays, tobacco smoke, infections, chemicals, environmental factors, free radicals and unhealthy diet. According to Unani medicine, it is due to excess production and abnormal changes occurred in Sauda (black bile). The current trend for the treatment of cancer is by inducing the natural body defense mechanism against the cancer cells. It is done by inducing or modulating the patient's own immune system which is suppressed by cancer cells. Unani system of medicine has clearly laid the principles and instructions to maintain the healthy state of the body in order to keep intact body's physis or defense mechanism called Tabi'at. Cancer immunotherapy is focused to develop agents that activates or enhances the immune system's recognition and killing of the cancer cells. This is possible by strengthening the Quwat-e-mudabbir-al-badan (immunity) through various regimens.

Keywords: Cancer, Unani medicine, Sartan, Immunotherapy, Tabi'at