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नास्ति विद्यासमः सुहृत्। विद्यासमो पूज्यः। विद्यासमो च विपत्तौ च महतामेकरूपता।

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## Abstracts

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## An Analytical study on Unmada Roga Mentioned in SararthaSangrahaya; Overview

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*Sarartha Sangrahaya* (SS), the first medical book with a scientific basis, written after king *Ravana's* era in Sri Lanka, is a medical treatise written by King *Buddhadasa*. (362-409 AD). It has mentioned diagnosis of diseases, treatments and drug preparations along with recipes. The contents are arranged with similarity in arrangement with *Suśruta Samhita* as well as with unique concepts. *Unmāda Roga* or Psychotic diseases are mentioned in the 17<sup>th</sup> chapter of SS. This study aims to review the *Unmāda roga* mentioned in SS comparing with authentic Ayurveda texts *Caraka Samhita*, *Suśruta Samhita* and modern co-relations through a brief systematic review. King *Buddhadasa* came forward with causative factors, Pathogenesis, Types of *Unmāda* and its treatment protocols also. He has specially mentioned 8 types of *Unmāda* such as *Vātaja*, *Pittaja*, *Kaphaja*, *Tridośaja*, *Ādhija*, *Viśaja*, *Bhūtaja Unmāda* and this categorization has been used in *Deśhiya Cikitsa*. These diseases can be related with modern psychotic conditions such as Schizophrenia, Mood disorders, Manias and other pathological conditions. *Unmāda* treatments have been used as a separate entity in Traditional medicine in Sri Lanka as there have been Traditional *Weda Parampara* specialized in *Unmāda Roga*. SS describes *Kvāta*, *Taila*, *Gṛita*, *Nasya* preparations recipes, along with the basic treatment protocols as *Pancakarma*. All the medicinal remedies and treatment procedures mentioned in SS are similar to *Caraka Samhita* and *Suśruta Samhita* except "*Mahābhūtarāvana gr̥ta*", a remedy for *Unmāda*, which has been only found in SS. SS has given sufficient description on etiology, types, and prognosis meanwhile it has discussed *Cikitsā* for many diseases more broadly.

**Keywords:** – Deśhiya Cikitsa, Mahābhūtarāvana gr̥ta, Samhita, Sarartha Sangrahaya

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