

**Indications for an outcome of total abdominal hysterectomy for benign disease
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The principle indications were bleeding , pain or both giving the commonest diagnosis of dysfunctional uterine bleeding 953.4). Symptoms were severe enough to have a considerable impact on lifestyle. Otherwise , the women were in good health. During the first ten post operative days, the women experienced a reduction in their ability to perform activities of daily living. Urinary (15.5) and wound (8.7) infections were the commonest complications. By three months, the principal symptoms had resolved for 97, of the women while there was significant improvement in urinary function, psychological health activities of daily living, lifestyle activities and sexual enjoyment. Despite this, these changes did not meet the pre-operative expectations of some women. Most women reported substantial benefits from hysterectomy. However , women should be counseled about early, transient adverse effects. These findings can be served as a benchmark for a multicentre study.