

**THE EFFICACY OF MUNDI (*Sphaeranthus indicus*
Linn) DECOCTION AND SHARIBADI LEPA IN
THE MANAGEMENT OF ARDHAVABHEDA
(MIGRAINE)**



M.I.K.Sunethra Dias.

**DEPARTMENT OF NIDANA CHIKITHSA
INSTITUTE OF INDIGENOUS MEDICINE,
UNIVERSITY OF COLOMBO,
RAJAGIRIYA,
SRI LANKA.**

Ayurveda M.Phil 2007/2009

M.Phil 2007/2009/20

පුස්තකාලය
දේශීය වෛද්‍ය විද්‍යා ආයතනය
කොළඹ විශ්වවිද්‍යාලය
රාජගිරිය.

Chapter 6

REFERENCES (AUTHENTIC TEXTS)

6. Conclusion

On the basis of results and the finding of the present study following conclusion can be made.

1. It can be concluded that the test drug Mundi decoction and Sharibadi lepa is highly effective treatment at the rate of $P < 0.001$ comparatively to the pathyadi decoction in Ardhavabheda (Migrane).
2. Combination of Mundi decoction and Sharibadi lepa showed the highest response which pave the way for concludery that the combination has a additive effect than used as single drug for these patients.
3. Mundi decoction and Sharibadi lepa effective at the same level both acute and chronic patients.
4. It was confirmed with the result of the study that the aggravating factors and etiological factors mentioned in the texts have found to be really supportive of the occurrence of the Ardhavabheda .
5. It can be concluded majority of the patients had Ardhavabheda with Vata Kapa Doshik Predominant (81.3%). Few of patients were Tridoshaja.
6. It can be concluded that the patients who process Vata Kapa sharirika prakrithi and Vata Pitta sharirika prakrithi prone to develop Ardhavabheda.