

Comparative clinical study on the efficacy of selected Ayurvedic preparations on Kitibha

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(Ayurveda)**

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CHAPTER 6

CONCLUSION

1. Taila alone reduces the sign and symptoms of Kitibha significantly as external treatment without producing any complication. Therefore Gandhakadi Taila also can be used as an effective treatment in Kitibha disease according to findings of the study.
2. Panchatikta Ghrita can be used effectively as an internal medicament for Kitibha disease.
3. Combined treatment has shown highly significant reduction of cardinal features of Kitibha disease than Gandakadi Taila and Panchatkkta Ghrita alone. This devotes that the combined treatment can be used as a highly effective treatment for Kitibha disease without any complication.
4. It can be concluded that Vata Kapha Sharirika Prakriti are more prone to suffer from Kitibha disease.
5. Aetiological factors and aggravating factors mentioned in the texts play a role in develop the disease of Kitibha.
6. According to Ayurvedic point of view, it can be concluded that disease presentation could be due to the Doshic involvement.