

Treatment and Prevention of Alcohol Use and Related Issues

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Primary prevention of alcohol use is a much stronger and a clearer science backed by robust evidence compared to secondary prevention, i.e. treatment of alcohol use disorders. Current treatment approaches in alcohol use disorders appear to assume that abstinence or reduced use leads to improvement in all clinically relevant issues in the user. Primary prevention approaches are strongly guided by the principle of countering the vector, the alcohol industry. Perhaps, it is time that the poorly performing secondary prevention took a leaf from the book of the highly effective primary prevention.