

Birth, Growth and Development of Paediatric Endocrinology in Sri Lanka

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The first Endocrine Clinic affiliated to the Professorial Paediatric ward, was started at Lady Ridgeway Hospital (LRH) in October 2001. The need for endocrinology as a subspecialty in Paediatrics was evident from the referrals received and a training programme was initiated by the PGIM and Endocrinology as a subspecialty was born in 2009 with the first Paediatric Endocrinologist being Board Certified in 2012. Growth and development of the specialty continued, and management improved with provision of medications including Growth Hormone, from the hospital. Research output included an oration, several presentations and publications and postgraduate degrees. The second endocrine clinic at LRH was started in 2013. Since its birth in 2001, Paediatric Endocrine services are now well established in Sri Lanka.