

About the Author



Dr. Fareena Ruzaik is Senior Lecturer of the Dept. of Geography, University of Colombo, possessing great knowledge and experience in the field of environment. She has a great exposure in teaching multiple courses in relation to medical geography and environmental health management.

At present, she is the Secretary of the Ethics Review Committee for Social Sciences and Humanities (ERCSSH), Faculty of Arts, UoC. and a member of the Board of Directors, Centre for Development Research and Intervention (CDRI).

'Medicinal Plants in Sri Lanka' is the third publication of Dr. Fareena and this book is an exquisite guide for assessing the potential medicinal values of specific medicinal species, available in Sri Lanka. It is a great source of knowledge for learners (undergraduate and postgraduate), traditional medicinal consumers and researchers. This book contains detailed information regarding 294 medicinal plants traditionally used in Sri Lanka together with their distribution, composition and benefits/uses. The descriptions each plant includes with photos, botanical name, synonyms, common name (Sinhala & Tamil), and its benefits.

I appreciate Dr. F. Ruzaik for her valuable effort in this nature.

I wish her great success in all her future endeavors!

Senior Prof. Lasantha Manawadu
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15th February 2021

Environment Geography



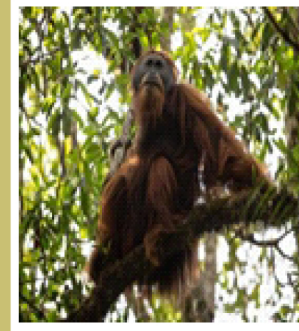
GEO Book Publication



978-624-97677-0-6

Environment Geography

சூழல் புவியியல்



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