A pilot study on comparison of rapid immunodiagnostics for leptospirosis infections

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Introduction

In Sri Lanka, leptospirosis is mostly diagnosed on clinical grounds. Serological confirmation is not obtainable during the acute stage of the illness. There is a need for rapid immunodiagnostics for confirmation of leptospirosis. Two immunodiagnostic assays, ie enzyme linked immunosorbent assay (ELISA) and immunochromatographic technique-Leptocheck-WB test (LCT) are used to detect leptospira specific IgM antibodies which are prevalent in the early stages of acute infections.

Objectives

To compare the efficacy of these two rapid immunodiagnostic assays with the microscopic agglutination assay (MAT) to determine their applicability.

Methods

A set of sera (n=83) collected in 2010 for which MAT titres were available was used to perform IgM ELISA and LCT. MAT \geq 400 was used as the reference standard.

Results

Positivity for LCT and IgM ELISA were 55.4% and 48.2% respectively, and both assays detected acute infection by day 3 of the illness. For LCT, the overall sensitivity, specificity, accuracy, PPV and NPV (86.5%, 75.0%, 79.6%, 69.6% and 89.4% respectively) were higher compared to the respective values for IgM ELISA (50.0%, 62.3%, 57.1%, 50.0%, 62.3%). The highest of these values were observed during the first week for LCT and during the second week for IgM ELISA. The highest agreement was observed between LCT and MAT \geq 400 (κ =0.568) and there was a good agreement between LCT and IgM ELISA (κ =0.520).

Conclusions

The high sensitivity and specificity, ease of use and the non-requirement of specialized skills and equipment, makes LCT a good choice for screening compared to MAT and its application needs to be to further investigated.

This work was supported by IBMBB, University of Colombo.This work was published as 1) Poster at the Proceedings of the 6th Annual Sessions of the Institute of Biochemistry, Molecular Biology and Biotechnology, University of Colombo, April, 2012, 2) Oral presentation at the 6th Biennial Sessions of the Allergy and Immunology Society of Sri Lanka, 15th June, 2012, and 3) Poster at the 125th Anniversary International Medical congress, 01st-06th July, 2012.