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A CRITICAL ANALYSIS ON THE NIDANA (CAUSES) IN AYURVEDIC
APPROACH IN DISEASE OF ARSAS (PILES)

BY

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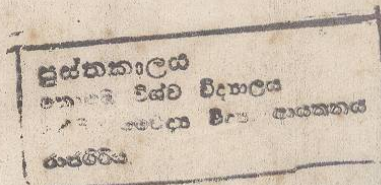
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SUMMARY

Name of this present research work was a critical analysis on the 'Nidana' (causes) in Ayurvedic approach in disease of 'Arsas'.

So many causative factors of 'Arsas' disease like ushna, thikshna foods. This research work is carried shalya shalakyia department Borella Ayurvedic Teaching Hospital with 100 'Arsas' patients. This patient identified with the help of signs and symptoms, history and other investigation findings.

Result and observation were obtain from this 100 patients related to 'Arsas' disease. Discussion was made with the help of result and observations related to age, sex, foods, habites etc. things mention in Ayurvedic medical system as causative factors for the 'Arsas' disease.

CONCLUSION

With the help of research study following conclusion can be made.

- * 'Arsas' is equally spread among male and female but slightly females more prone to 'Arsas'.
- * 'Arsas' is mostly found in between 20 to 60 age groups.
- * 'Arsas' disease is found more among those who take more meat, ushna thikshna foods and artificial food.
- * More common among those who take less exercise.
- * More of those who sleep during day time are liable to 'Arsas'.
- * Those who have a family history of 'Arsas' are more likely to get 'Arsas'.
- * 'Arsas' is common among those who suffer from constipation.
- * Those who drink less water are more susceptible to 'Arsas'.
- * 'Arsas' is found more among urban dwellers.
- * More of those who have worm diseases get 'Arsas'.
- * Ayurvedic ictiology of 'Arsas' disease is completlly and aquratlly applicabl to 'Arsas' disease at present.
- * And also it was evident from this research that certain causes not mentioned in Ayurvedic medical science are in force today. Such as the consumption of artificial foods.
- * If is also evident to us that certain causes mentioned in Modern Medical Science have bearing on 'Arsas' Eg:- constipation, take less fibrous food, get 'Arsas' and take less water get 'Arsas'.