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Use of nitric oxide donor isosorbide mononitrate for pre-induction cervical ripening: a randomized controlled trial.

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The objective was to determine whether sustained release Isosorbide mononitrate (ISMN) 60mg administered vaginally is effective for pre induction cervical ripening. A double blind randomised controlled trial carried out at the University Obstetrics Unit, Galle, Sri Lanka for a period of nine months. One hundred and fifty six women with uncomplicated singleton pregnancies at 41 weeks of gestation with a modified Bishop's score (MBS) ≥ 5 were allocated by stratified (primip/ multip) block randomisation to receive either ISMN 60mg (n